

Illinois State Standards/Goals met with Health World's "Drive it Right" Program

PHYSICAL DEVELOPMENT & HEALTH GOALS MET

22.A.2c, 22.A.3c, 22.B.2, 24.B.2, 24.B.3, 24.C.2, 24.C.3

STATE GOAL 22: Understand principles of health promotion and the prevention and treatment of illness and injury.

A. Explain the basic principles of health promotion, illness prevention and safety.

- **GOAL 22.A.2c (for late elementary): Describe and compare health and safety methods that reduce the risks associated with dangerous situations (e.g., wearing seat belts and helmets, using sunscreen).**
- **GOAL 22.A.3c (for middle/junior high school): Explain routine safety precautions in practical situations (e.g., in motor vehicles, on bicycles, in and near water, as a pedestrian).**

B. Describe and explain the factors that influence health among individuals, groups and communities.

- **GOAL 22.B.2 (for late elementary): Describe how individuals and groups influence the health of individuals (e.g., peer pressure, media and advertising).**
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STATE GOAL 24: Promote and enhance health and well-being through the use of effective communication and decision-making skills.

B. Apply decision-making skills related to the protection and promotion of individual health.

- **GOAL 24.B.2 (for late elementary): Describe key elements of a decision-making process.**
- **GOAL 24.B.3 (for middle/junior high school): Apply a decision-making process to an individual health concern.**

C. Demonstrate skills essential to enhancing health and avoiding dangerous situations.

- **GOAL 24.C.2 (for late elementary): Describe situations where refusal skills are necessary (e.g., pressure to smoke, use alcohol and other drugs, join gangs; physical abuse and exploitation).**
- **GOAL 24.C.3 (for middle/junior high school): Apply refusal and negotiation skills to potentially harmful situations.**

SOCIAL-EMOTIONAL LEARNING STANDARDS

2A.2b, 2A.3b, 2D.3b, 2B.2a, 3B.2b, 3B.3b

GOAL 2: Use social-awareness and interpersonal skills to establish and maintain positive relationships.

A. Recognize the feelings and perspectives of others.

- **SE GOAL 2A.2b (for late elementary): Describe the expressed feelings and perspectives of others.**
- **SE GOAL 2A.3b (for middle/junior high school) Analyze how one's behavior may affect others.**

D. Demonstrate an ability to prevent, manage, and resolve interpersonal conflict in constructive ways.

- **SE GOAL 2D.3b (for middle/junior high school): Define unhealthy peer pressure and evaluate strategies for resisting it.**

GOAL 3: Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

B. Apply decision-making skills to deal responsibly with daily academic situations.

- **SE GOAL 2B.2a (for late elementary): Identify and apply the steps of systematic decision making.**
- **SE GOAL 3B.2b (for late elementary): Generate alternative solutions and evaluate their consequences for a range of academic and social situations.**
- **SE GOAL 3B.3b (for middle/junior high school): Evaluate strategies for resisting peer pressures to engage in unsafe or unethical activities.**